



WEEKLY LUNCH MENU

MONDAY

MAINS

Herby Tomato Chicken

Brazilian Vegetable
Feijoada with Roasted
Vegetables

SIDES

Steamed Rice

Steamed Broccoli

Sweetcorn with Parsley Butter

DESSERTS

Apple & Cinnamon Crumble with
Custard

Fruit Jelly

TUESDAY

MAINS

Venison Ragu

Kale Pesto Pasta with Char-

Grilled Vegetables

SIDES

Rosemary Focaccia

Penne Pasta

Fine Beans

Fresh Carrots

DESSERTS

Burnt Basque Cheesecake

Low Fat Yoghurt

WEDNESDAY

MAINS

Stir Fried Pork Noodles with Yum
Yum Sauce

Stir Fried Tofu Noodles with Yum
Yum Sauce

SIDES

Stir Fried Vegetables,

Chinese Cabbage with

Beansprouts

Prawn Crackers

DESSERTS

Fresh Fruit Salad

Fruit Jelly

THURSDAY

MAINS

Paprika & Lime Chicken

Blackened Cajun Quorn Fillet with

Grilled Leeks

SIDES

Funky Rice

Cajun Vegetables

Corn on the Cob with

Chilli Butter

DESSERTS

Sticky Toffee Pudding with Toffee Sauce

Low Fat Yoghurt

FRIDAY

MAINS

Cumberland Ring Sausage in a Bap

Battered Fish

Jamaican Jerk Cauliflower

SIDES

Chipped Potatoes

Garden Peas/ Baked Beans

Tomato Ketchup,

Mayonnaise

DESSERTS

Banoffee Pie

Fruit Jelly

Soup of the day, a selection of handmade breads and a pasta & jacket potato bar also available daily!
Some dishes subject to change due to product availability.



WEEKLY LUNCH MENU

MONDAY

MAINS Chicken Peralan Curry Indian Paneer Curry
SIDES Steamed Rice Garden Peas Cauliflower & Sweet Potato Masala
DESSERTS Apple & Blackberry Crumble with Custard Fruit Jelly

TUESDAY

MAINS Bacon Macaroni Cheese with Breadcrumbs & Grana Padano Macaroni Cheese
SIDES Cajun Wedges Fresh Roasted Carrots Fresh Kale with Sun-Dried Tomatoes
DESSERTS Chocolate Fudge Brownie Low Fat Yoghurt

WEDNESDAY

MAINS Old English Pork Sausages with Sage & Onion Vegan no Pork Sausages with Sage & Onions
SIDES Mashed Potatoes Roasted Root Vegetables Green Beans with Garlic Oil Rosemary Gravy
DESSERTS Fruit Flapjack Fruit Jelly

THURSDAY

MAINS Classic Beef Chilli Cajun Bean & Vegetable Burrito with Green Sauce
SIDES Dirty Rice Sweetcorn Garlic Green Beans Sour Cream/Tortillas/Salsa
DESSERTS Chocolate Sponge Cake with Chocolate Custard Low Fat Yoghurt

FRIDAY

MAINS Buffalo Chicken Burger Fish Finger Burger Bean & Feta Burger with Tomato & Lime Salsa
SIDES Chipped Potatoes Garden Peas, Baked Beans Tomato Ketchup
DESSERTS Selection of Ice Creams Fruit Jelly

Soup of the day, a selection of handmade breads and a pasta & jacket potato bar also available daily!
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WEEKLY LUNCH MENU

MONDAY

MAINS Katsu Chicken Tofu Katsu Bites
SIDES Katsu Sauce Steamed Rice Green Beans with Herb Oil Curried Parsnips
DESSERTS Pear , Apple & Ginger Crumble with Custard Fruit Jelly

TUESDAY

MAINS Sausage Casserole Vegan Sausage Casserole
SIDES Penne Pasta Roasted Root Vegetables Steamed Sweetcorn
DESSERTS Orange Hampton Honey Cake Low Fat Yoghurt

WEDNESDAY

MAINS Chicken Tagine Butternut Squash & Rose Harissa Tagine
SIDES Herby Lemon Couscous Vegetable Medley Aubergine & Tomato
DESSERTS Lemon Meringue Delight Fruit Jelly

THURSDAY

MAINS Beef Ragu Cottage Pie Roasted Vegetable Crumble
SIDES Mashed Potatoes Sauteed Courgettes Fresh Swede & Carrot
DESSERTS Vanilla Rice Pudding Low Fat Yoghurt

FRIDAY

MAINS Spiced Lamb Kofta Fisherman's Pie Lebanese Stuffed Aubergine
SIDES Chipped Potatoes Garden Peas, Baked Beans Tomato Ketchup
DESSERTS Jam Ball Doughnut Fruit Jelly

Soup of the day, a selection of handmade breads and a pasta & jacket potato bar also available daily!
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