



WEEKLY LUNCH MENU

WEEK
ONE

MONDAY

MAINS

Roast Chicken Thigh with
Sage & Garlic

Beetroot Spelt & Burnt
Onion with Spinach &
Tarragon Dressing

SIDES

Roasted Potatoes

Yorkshire Pudding

Roasted Root Vegetables

Fresh Savoy Cabbage

Chicken Gravy

DESSERTS

Apple & Blackberry Crumble with
Custard

Fruit Jelly

TUESDAY

MAINS

Beef Bolognaise

Four Cheese Ravioli with

Tomato Sauce & Basil Oil

SIDES

Garlic Bread

Penne Pasta

Sweetcorn

Mixed Fresh Greens

DESSERTS

Sticky Toffee Banana Sponge with Toffee
Sauce

Low Fat Yoghurt

WEDNESDAY

MAINS

Chipotle & Lime Pork with Sticky
Peppers

Mexican Spiced Cauliflower with
Green Goddess Dressing

SIDES

Tortilla Wraps

Herb Rice

Garlic Mayonnaise

Roasted Fresh Carrots

Fresh Broccoli Florets

DESSERTS

Fresh Fruit Salad

Fruit Jelly

THURSDAY

MAINS

Spanish Paprika Chicken with

Peppers, Tomato, Parsley &

White Beans

Valencian Artichoke Paella

SIDES

Paprika Potatoes

Green Beans with

Tapenade

Roasted Courgettes

DESSERTS

Lemon Drizzle Sponge with Lemon Curd

Low Fat Yoghurt

FRIDAY

MAINS

Beef Burger in a Bun/Fresh

Battered Fish

Homemade Falafel Burger with

Houmous

SIDES

Chipped Potatoes

Garden Peas/ Baked Beans

Tomato Ketchup,

Mayonnaise

DESSERTS

Chocolate Popcorn Slice

Fruit Jelly

Soup of the day, a selection of handmade breads and a pasta & jacket potato bar also available daily!
Some dishes subject to change due to product availability.



WEEKLY LUNCH MENU

WEEK
TWO

MONDAY

MAINS

Chicken Tikka
Paneer Masala

SIDES

Pilau Rice
Butternut & Lentil Dahl
Masala Steamed Greens

DESSERTS

Apple Crumble with Custard
Fruit Jelly

TUESDAY

MAINS

Bacon Macaroni Cheese
with Toasted Breadcrumbs
& Grana Padano
Aubergine Parmigiana

SIDES

Herb Diced Potatoes
Roasted Kale & Hispi
Butternut & Carrot with Basil
Oil

DESSERTS

Creamy Baked Orange & Vanilla Rice
Pudding
Low Fat Yoghurt

WEDNESDAY

MAINS

Italian Sausage & Vegetable Stew
Cannellini Bean, Tomato &
Rosemary Stew

SIDES

Penne Pasta
Roasted Mediterranean
Vegetables
Green Beans with Garlic
Oil

DESSERTS

Chocolate Bread & Butter
Pudding with Custard
Fruit Jelly

THURSDAY

MAINS

Classic Beef Chilli
Mexican Bean & Lentil Chilli

SIDES

Dirty Rice
Sweetcorn
Garlic Green Beans
Sour Cream/Tortillas/Salsa

DESSERTS

Oreo Cheesecake
Low Fat Yoghurt

FRIDAY

MAINS

Breaded Chicken Burger with Firecracker
Mayonnaise
Fresh Battered Fish
Halloumi Burger

SIDES

Chipped Potatoes
Garden Peas, Baked Beans
Tomato Ketchup

DESSERTS

Selection of Ice Creams
Fruit Jelly

Soup of the day, a selection of handmade breads and a pasta & jacket potato bar also available daily!
Some dishes subject to change due to product availability.



WEEKLY LUNCH MENU

WEEK
THREE

MONDAY

MAINS

Katsu Chicken
Aubergine Katsu

SIDES

Katsu Sauce
Steamed Rice
Asian Greens
Curried Parsnips

DESSERTS

Hampton Honey & Vanilla Sponge with
Honeycomb
Fruit Jelly

TUESDAY

MAINS

Six Hour Beef Brisket with
Onion Jus
Harissa Squash, Quinoa,
Toasted Seeds & Apple

SIDES

Crushed Potatoes
Minted Peas
Glazed Root Vegetables
Salsa Verdi

DESSERTS

White Chocolate & Raspberry Blondie
Low Fat Yoghurt

WEDNESDAY

MAINS

Turkey Noodle Stir Fry
Tofu Vermicelli Noodles with
Vegetables

SIDES

Roasted Chinese Cabbage
Sticky Carrot & Pepper
Prawn Crackers

DESSERTS

Jam Sponge
Fruit Jelly

THURSDAY

MAINS

Mexican Pork, Sweet Potato &
Black Bean Stew
Mexican Tortilla & Smoky
Vegetable Bake

SIDES

Dirty Rice
Chipotle Sweetcorn
Garlic Green Beans
Sour Cream/Salsa

DESSERTS

Triple Layer Chocolate Fudge Cake
Low Fat Yoghurt

FRIDAY

MAINS

Chicken Shawarma Flatbread
Fresh Battered Fish/Celeriac
Shawarma

SIDES

Chipped Potatoes
Garden Peas, Baked Beans
Tomato Ketchup

DESSERTS

Chocolate Chip Cookie
Fruit Jelly

Soup of the day, a selection of handmade breads and a pasta & jacket potato bar also available daily!
Some dishes subject to change due to product availability.