



WEEKLY LUNCH MENU

MONDAY

MAINS

Spanish Style Paprika
Chicken

Quorn & Red Pepper
Jollof Rice

SIDES

Paprika Potatoes

Green Beans with Olive Tapenade

Roasted Courgette & Onion

DESSERTS

Apple & Vanilla Crumble with Custard

Fruit Jelly

TUESDAY

MAINS

Venison Ragù

Spaghetti with Kale Pesto

Tomato Sauce & Basil Oil

SIDES

Garlic Bread

Penne Pasta

Sweetcorn

Mixed Fresh Greens

DESSERTS

Sticky Toffee Banana Sponge with Toffee
Sauce

Low Fat Yoghurt

WEDNESDAY

MAINS

Korean Barbecue Pork with Sticky
Peppers

Korean Crispy Cauliflower

SIDES

Tortilla Wraps

Herb Rice

Kimchi & Carrots

Steamed White Cabbage

DESSERTS

Fresh Fruit Salad

Fruit Jelly

THURSDAY

MAINS

Roasted Chicken Thighs with

Fresh Herbs

Potato, Cheese & Onion Galette

SIDES

Roasted New Potatoes

Savoy Cabbage

Roasted Root Vegetables

Yorkshire Pudding/Gravy

DESSERTS

Lemon Drizzle Sponge with Lemon Curd

Low Fat Yoghurt

FRIDAY

MAINS

Sloppy Joe Hot Dog with Beef Chilli

Battered Fish

Vegan Sloppy Joe Hot Dog

SIDES

Chipped Potatoes

Garden Peas/ Baked Beans

Tomato Ketchup,

Mayonnaise

DESSERTS

Chocolate Flapjack

Fruit Jelly

Soup of the day, a selection of handmade breads and a pasta & jacket potato bar also available daily!

Some dishes subject to change due to product availability.



WEEKLY LUNCH MENU

MONDAY

<p>MAINS</p> <p>Thai Green Chicken Curry</p> <p>Thai Yellow Tofu Curry</p>
<p>SIDES</p> <p>Steamed Rice</p> <p>Sticky Carrots</p> <p>Mixed Green Vegetables with Beansprouts</p> <p>Prawn Crackers</p>
<p>DESSERTS</p> <p>Apple & Cinnamon Crumble with Custard</p> <p>Fruit Jelly</p>

TUESDAY

<p>MAINS</p> <p>Bacon Macaroni Cheese with Breadcrumbs & Grana Padano</p> <p>Sun-Blushed Tomato & Kale</p> <p>Macaroni Cheese</p>
<p>SIDES</p> <p>Cajun Wedges</p> <p>Roasted Carrots</p> <p>Garden Peas</p>
<p>DESSERTS</p> <p>Vanilla Rice Pudding with Jam</p> <p>Low Fat Yoghurt</p>

WEDNESDAY

<p>MAINS</p> <p>Italian Sausage & Vegetable Stew</p> <p>Cannellini Bean, Tomato & Rosemary Stew</p>
<p>SIDES</p> <p>Penne Pasta</p> <p>Roasted Mediterranean Vegetables</p> <p>Green Beans with Garlic Oil</p>
<p>DESSERTS</p> <p>Chocolate Bread & Butter</p> <p>Pudding with Custard</p> <p>Fruit Jelly</p>

THURSDAY

<p>MAINS</p> <p>Classic Beef Chilli</p> <p>Mexican Plant Based Lentil Burrito</p>
<p>SIDES</p> <p>Dirty Rice</p> <p>Sweetcorn</p> <p>Garlic Green Beans</p> <p>Sour Cream/Tortillas/Salsa</p>
<p>DESSERTS</p> <p>Oreo Cheesecake</p> <p>Low Fat Yoghurt</p>

FRIDAY

<p>MAINS</p> <p>Breaded Chicken Burger with Firecracker Mayonnaise</p> <p>Fresh Battered Fish</p> <p>Onion Bhaji Burger</p>
<p>SIDES</p> <p>Chipped Potatoes</p> <p>Garden Peas, Baked Beans</p> <p>Tomato Ketchup</p>
<p>DESSERTS</p> <p>Selection of Ice Creams</p> <p>Fruit Jelly</p>

Soup of the day, a selection of handmade breads and a pasta & jacket potato bar also available daily!
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WEEKLY LUNCH MENU

MONDAY

MAINS Katsu Chicken Aubergine Katsu
SIDES Katsu Sauce Steamed Rice Asian Greens Curried Parsnips
DESSERTS Hampton Honey & Vanilla Sponge with Honeycomb Fruit Jelly

TUESDAY

MAINS Oven Roasted Pork Sausages Vegan Sausage with Sage & Onion
SIDES Mashed Potatoes Minted Peas Glazed Root Vegetables
DESSERTS White Chocolate & Raspberry Blondie Low Fat Yoghurt

WEDNESDAY

MAINS Chicken Noodle Stir Fry Tofu Vermicelli Noodles with Vegetables
SIDES Roasted Chinese Cabbage Sticky Carrots Prawn Crackers
DESSERTS Jam Sponge Fruit Jelly

THURSDAY

MAINS Pork Meatballs in Tomato Sauce Mexican Tortilla & Smoky Vegetable Bake
SIDES Steamed Rice Chipotle Sweetcorn Garlic Green Beans
DESSERTS Chocolate Brownie Low Fat Yoghurt

FRIDAY

MAINS Piri Piri Chicken Wrap Fresh Battered Fish Pulled Aubergine & Ricotta Wrap
SIDES Chipped Potatoes Garden Peas, Baked Beans Tomato Ketchup
DESSERTS Chocolate Chip Cookie Fruit Jelly

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